

Sandwell and West Birmingham Hospitals NHS Trust

Integrated Care Services – iCares



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 @icares_SWBH




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Agenda

- Why Own Bed Instead?
 - national context
 - local context
- What do we do?
 - service structure / work
- How are we doing?
 - outcomes so far
- Where are we going?
 - future plans




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Context - Sandwell



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Context – existing NHS Sandwell services

- Sandwell / City Hospitals – Acute
- Intermediate Care – two high intensity wards
- Intermediate Care – medium intensity 22 beds in two local BUPA homes
- Community Services – ICARES / District Nurses / specialist services

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Winter initiatives

- Winter pressures
- CCG purchased more 'spot purchased' beds
- Open more IMC beds / flex existing bed stock




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Own Bed Instead ethos

Patients don't fit into nice little boxes

Aghh! This isn't good for ANYONE!

Services should be patient shaped!

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Own Bed Instead

- OBI will provide short term re-enablement in the patient's own home for people who are medically stable, and have predictable health needs but who consent to rehabilitative support to regain function and confidence

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Own Bed Instead

- Hospital
- Intermediate Care (IMC) wards
- BUPA IMC beds
- *OWN BED INSTEAD*
- Community services

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Aims of OBI

- Maximise independence
- Reduce need for bed provision
- Reduce length of stay in any bed
- Support timely discharge
- Reduce number of people needing long term care
- Provide an integrated service at home
- Reduce admissions to hospital

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Own Bed Instead Team

- Virtual team comprises:
- ICARES – physiotherapist and occupational therapist (and project lead for ICARES)
- IBEDS – nurse case manager (and project lead for IBEDS)
- Social Services (Social Worker, STAR team and lead officer)
- Community Alarms (for night support)

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Sandwell Metropolitan Borough Council

Sandwell and West Birmingham Clinical Commissioning Group

Agewell is -

- A membership organisation for individuals aged 50+, professionals and partner organisations
- Provide a range of innovative community and home-based interventions:
 - To re-connect older people with their communities tackling social isolation
 - To help older people regain their confidence after a fall or to prevent a fall in those at risk
 - To encourage a proactive approach to ageing so individuals enjoy a happier, healthier and more independent older age

agewell Ageing Experience **Sandwell and West Birmingham Clinical Commissioning Group** **NHS** **Sandwell** Metropolitan Borough Council

Agewell Services

A Voice for Older People – Consultation & Engagement

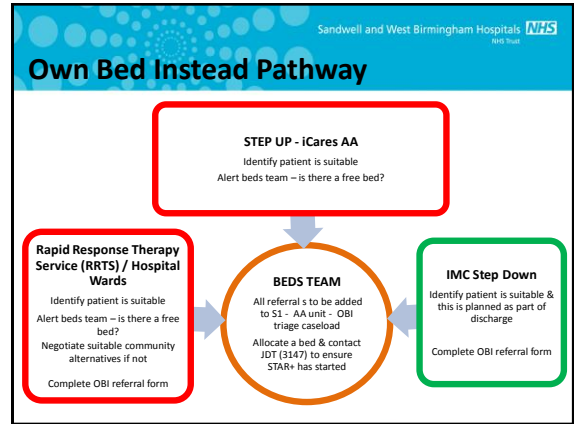
Capacity to Care

- Bespoke Befriending Service
- Home Based Exercise
- Community Navigator
- Edna' Army working in Sandwell & City Hospitals'

Productive Ageing

- Community Based Exercise Programme
- Health Promotion, Keeping Safe and Well, Self Care.
- Future Proof (Planning for the future)





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OBI Criteria for Admission

Service Specification outlines:

- 10 beds – Sandwell, 10 beds – Birmingham
- 7/7
- 4 weeks ‘admission’
- Medically stable with predictable needs
- Consent to rehab approach
- Sandwell resident
- Safe environment



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What do we do?


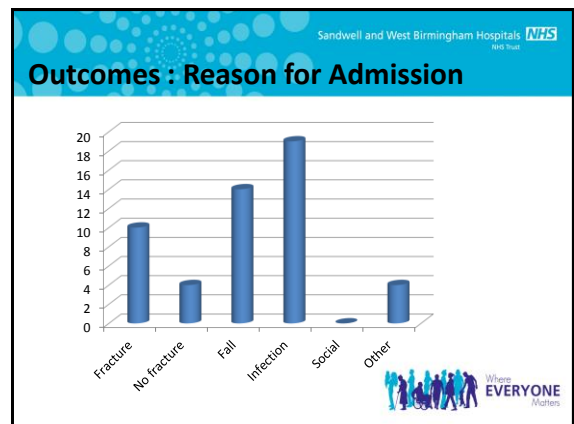
- IBEDS team co-ordinates admission
- STAR services / night support starts immediately
- Therapists visit and commence intensive, tailored programme
- Nurse visit for basic nursing assessment
- Weekly team meeting to review goals / aims

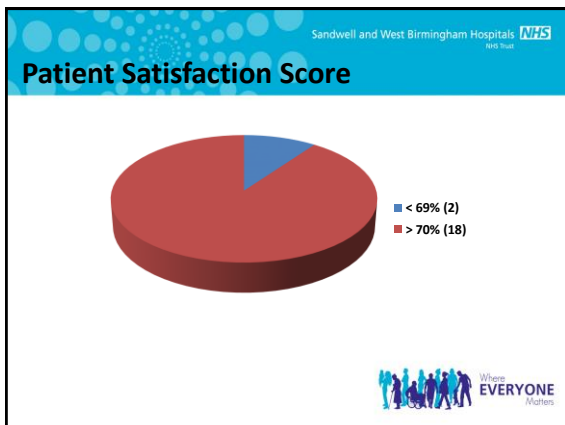
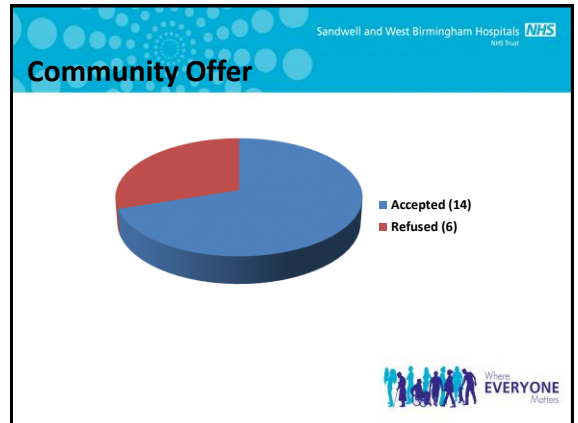
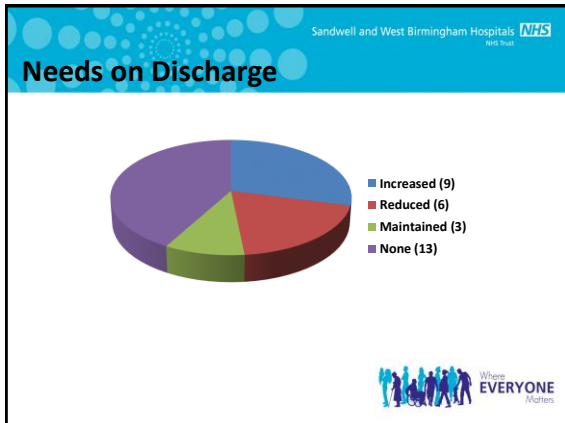
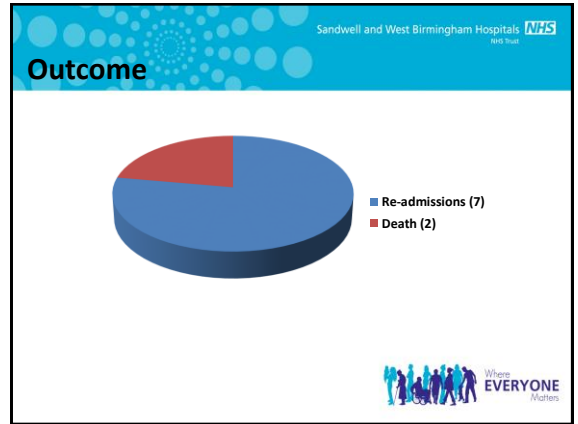
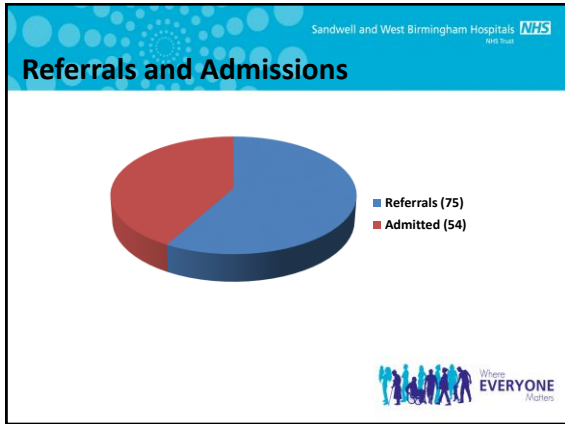


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Case study - ‘Madge’

- **OBI:** 27-Dec-2014 – 28-Jan-2015
- **Age:** 84 years old
- **Referral from:** Stroke team
- **Previous level of function:** fully independent with mobility, transfers and ADLs
- **Rehab journey**
- **Outcome**



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- ### Patient Comments
- 'I couldn't fault the service'
 - 'We couldn't have had it better'
 - 'You provide a very good service'
 - 'I felt I was treated very well'
 - 'The staff were all very friendly'
- Where EVERYONE Matters

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Outcomes



- Length of stay – average 25 days




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Progress so far



- KPIs added to SystmOne as questionnaire
- Spreadsheet created for length of stay
- Nurse has been released from IBEDS
- Two therapists have made 7 day working work

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Benefits for patients


- Seamless service
- Services can be flexed up/ down depending on patient need
- Service has been appreciated by the patients
- Hospital admission is avoided

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Benefits for the service


- Less re-admissions than other IMC bases
- Reduced length of stay than in IMC beds
- Virtual ward concept works even in complex environment
- New model of a reducing therapy intensity seems to lead to good outcomes



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Next Steps

- Pilot continuing to February 2016
- Recruitment of band 6 OT and PT and band 3 rehab support worker
- Formal evaluation underway
- Ensure questionnaire S1 is bedded in for KPIs
- Continue with patient questionnaires on discharge
- Decommission IMC beds as contracts come up for renewal
- OBI will be permanent feature of Sandwell health economy
- Improve the patient leaflet



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Questions?

- Your thoughts, comments, questions?
- Any experiences of similar schemes?



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**If you want to go fast, go alone.
If you want to go far,
go with others.**

African Proverb

