

North Staffordshire Combined Healthcare



NHS Trust

Mental Health and Vascular Wellbeing Service.



Gwyn Higginson Cognitive Behavioural Psychotherapist / RMN

Lisa Sharrock Cognitive Behavioural Psychotherapist / RMN

The story so far:

- Pathway recognised as area of “best practice”
- QIPP work stream on early intervention / prevention of dementia in West Midlands.
- Development of evidence based Alerter Checklist –
• identifying high risk cohort. (see pathway)
- Involvement in PSIGE / DOH working group ‘IAPT for older adults’
- Training local and external
- Cardiovascular project Staffs University modules and development of mobile APP with alerter checklist for referrers.

What have we achieved?

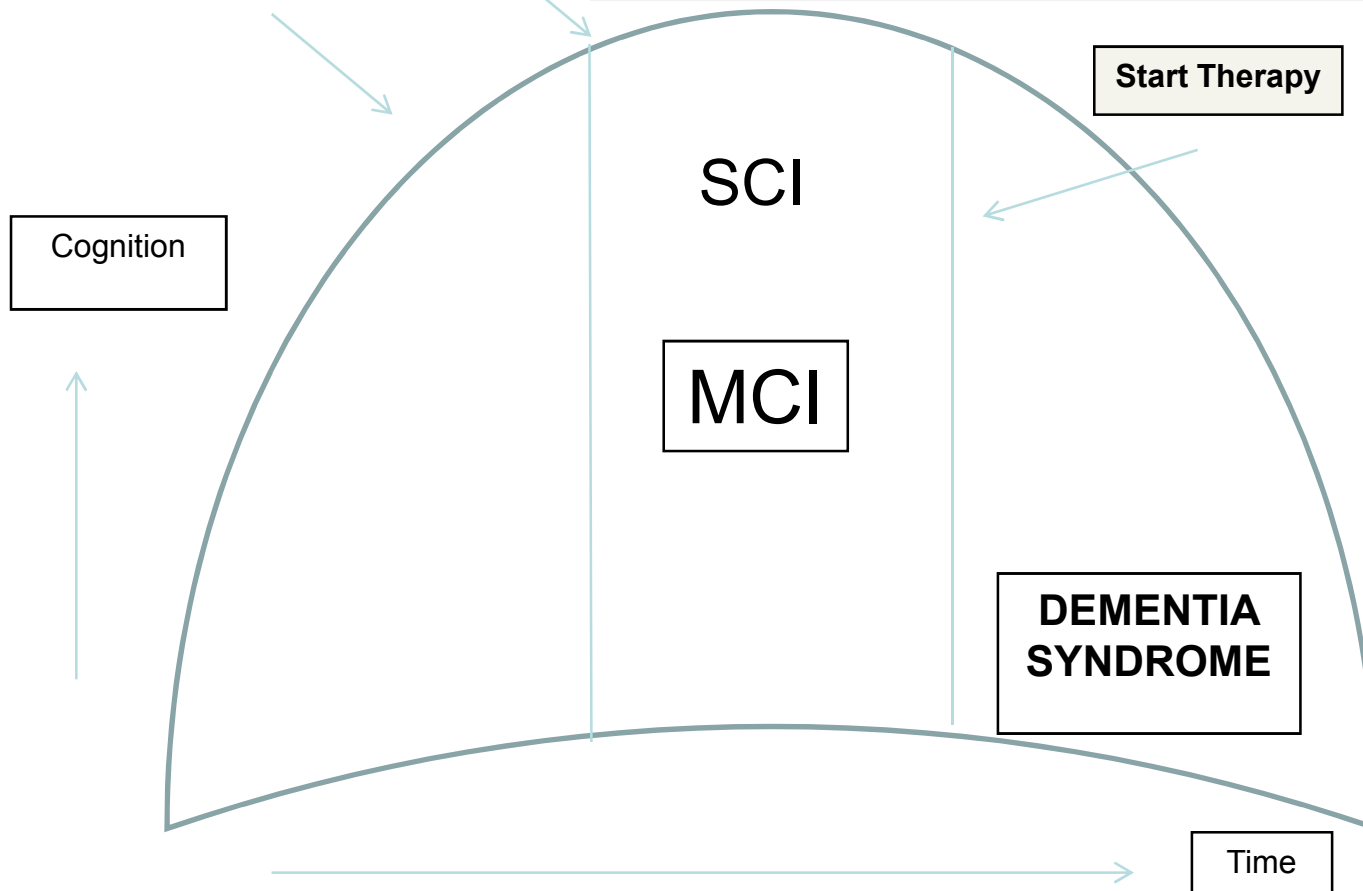
- Embedded referral pathways with partners.
- Training locally tier 1 and 2.
- Up skill of workforce
- Strong service user forum
- “Take Heart” CBP Support Group
- NHS Local videos available (<http://www.nhslocal.nhs.uk>)
- Personalised ‘Take Heart’ hand client held record re vascular risk management.



Prevention and early intervention model

Start Prevention Assessments and Early Intervention actions

- SCI and MCI assessment via NHS Local, and or facilitated by Primary Care Liaison Workers
- Use of Risk stratification Assessment processes (Diabetes, CVD risk factors, Alcohol, Delirium, Depression, Biomarkers)



The strategic question !

“Does this save money ?”

- Considerable savings but not immediate.
- £230m in 10 years.
- £3.8b by 2033 (a fifth current spend on Dementia in England).
- incentives such programmes in this region (e.g. in commissioning speak PbR Clusters, QOF, DES or LES schemes).

(source SHA information available at WWW.nhslocal.nhs.uk)

Patient involvement

- Patient champion role
- “Take Heart” Support Group
- Patient forum and vision meeting
- Patient stories (www.nhslocal.nhs.uk)



Thank you



Lisa Sharrock
Bucknall Hospital
Eaves Lane
Stoke-on-Trent 01782 275067
Email: LisaA.sharrock@northstaffs.nhs.uk

